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Good news trends the media misses—and why they matter



September 30, 2014 by stevenyoder Leave a Comment



National Transportation Safety Board accident photo. Photos courtesy Wikimedia Commons.

Call it the Era of Bad Feeling. Americans' views about our leaders is famously dismal. In a CNN poll three weeks ago, 65 percent of people said that the current Congress is the worst ever. The President's approval rating hovers around 40 percent. All of 30 percent of those polled by Gallup this summer said they have confidence in the Supreme Court.

But it doesn't stop there. Only 23 percent of people have confidence in the criminal justice system, 22 percent in newspapers, 26 percent in public schools, 45 percent in the church or

organized religion, and 21 percent in big business, according to Gallup. Twenty-nine percent are satisfied with the direction of the country. Fifty-four percent expect life to get worse between now and 2050. And the percentage who said most people can be trusted dropped 20 points between 1960 and 2006.

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Rising inequality could be playing a big role in our gloomy views—a 2012 paper from the Center for American Progress tracks a correlation between income disparities and pessimism since the 1960s.

But the "if it bleeds, it leads" focus of much of American press coverage surely has contributed. The relentless focus on tragedy goes back to coverage of the 1995 Oklahoma City bombings, Mary McNaughton-Cassill, a leading researcher on the link between media consumption and stress, told the New York Times Magazine in August. She identifies that event as the genesis of 24-hour news coverage and a relentless competition for eyeballs that has resulted in ever-more frightening and sensational stories.

And that's why the long-term positive trends that get little press attention matter. Not reporting on them surely affects how Americans view ourselves.

It's not just that violent crime has dropped a stunning 47 percent from 1991 to 2010. Here are five other areas where the country has seen significant improvement but that get almost no attention.

Transportation accidents. The number and rate of traffic fatalities in 2012 were only a tick above those in 2010, when they were at their lowest levels since 1949. And railway accidents fell by 63 percent from 1990 to 2013 even though the number of train miles increased by 23 percent; railway accident fatalities dropped by 43 percent in that period. Meanwhile, the 2012 accident rate for Western-built jets was the lowest in aviation history, surpassing the previous mark set in 2011.

House fires. The number of house fires dropped by almost 60 percent from 1977 to 2013, and the number of deaths from home fires has been cut by 50 percent in that period.

Child abuse. The Adrian Peterson scandal and Jerry Sandusky's crimes shouldn't obscure the larger picture—physical and sexual abuse of children dropped dramatically from 1992 to 2010 almost 30 percent for physical abuse and about 50 percent for sexual abuse, according to the experts at the Crimes Against Children Resource Center.



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Accidents involving kids. Death rates from unintentional injuries to children and youth fell by nearly 30 percent from 2000 to 2009. That meant there were more than 11,000 fewer deaths than if the rate had remained unchanged, according to the Centers for Disease Control and Prevention. Children's deaths in car accidents fell by 41 percent, drownings by 28 percent, and falls by 19 percent, for example.

Air pollution. The American Lung Association's 2013 State of the Air Report concluded that from 1970 to 2011, emissions of six common pollutants fell nationwide by 68 percent—this in a period when the economy expanded 212 percent and vehicle miles traveled 167 percent.

Those aren't isolated trends—there are more where they came from, buried in government and association reports. And they could offer some lessons on some of what works in improving quality of life over the long term.

First, good laws matter. Transportation accidents have fallen, according to the U.S. Department of Transportation, because of stronger traffic safety regulations and better enforcement. Child accident rates have improved in large part because of fewer car crashes involving teens—that's because many states now use graduated drivers licensing systems for teen drivers, according to the CDC. And cleaner air is largely attributable to passage of the 1963 Clean Air Act, according the American Lung Association.

Second, public education works. The National Fire Protection Association credits fire safety education and more use of smoke detectors and sprinkler systems with the drop in fire deaths. And more people knowing the critical importance of booster seats has significantly cut into child accident rates, according to the CDC. Expert David Finkelhor says educating children and the public on sexual abuse has meant more disclosure and reporting.

Third, new technology is as important as good behavior. More and cheaper fire-safe products have cut house fire deaths, according to the fire association. New safety technologies on cars, like lane departure warning systems, have reduced traffic accidents, says the DOT.

It's lessons like those that can help America out of the doldrums. And getting us refocused on



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ioanoleck

Back in the 1980s, when I was a young reporter at the capital-city newspaper in North Carolina, I was happily covering tobacco politics, the Klan, and other Southern exotica when one day someone showed me the latest issue of Money magazine. There in all its glory was a profile of a male colleague of mine [...]



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for Congress to do its job

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what's working makes a difference because pessimistic people are less apt to get involved.

Turnout in American elections is consistently lower than in other OECD countries, where it averages 70 percent. Participation in the 2012 U.S. election—58 percent—was the lowest since 2000.

And as McNaughton-Cassill told the *Times Magazine*, "When I've done studies and people watch coverage of, say, 9/11, they don't then meet criteria for depression in the DSM. But if you ask them how they feel about the world, what they end up with is this malaise: 'Everything's kinda bad' and 'Why should I vote? It's not gonna help' and 'I could donate money, but there's just gonna be another kid who's starving next week."

McNaughton-Cassill's research isn't a call for reporters to gloss over bad news, but to focus more often on what we're doing right. Solution-focused stories may appear harder to sell, but they could be a key element in restoring a healthy democracy.

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September 23, 2014 By Liz Fields

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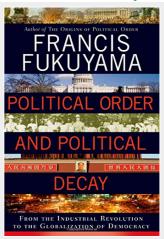
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